	MONDAY:	SHOPPING LIST	
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L		DAIRY:	PRODUCE:
D		DAIKT.	TRODUCE.
	THECDAY	7	
	TUESDAY:		
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	WEDNESDAY:		
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D		GRAINS:	MEAT:
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	THURSDAY:		
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	FRIDAY:		
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		FROZEN:	OTHER:
	SATURDAY:	TROZEIA.	OTTIEK.
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	SUNDAY:		
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